

**“Do not cast me away when I am old; do not forsake me when my strength is gone.” (Psalm 71:9)**

Have you ever prayed for God’s help when you are old in age? Most likely not if you are still in young age and you are still active and your body strong; that prayer will not come in your mind.

But for those who start to increase in age and their strength start to reduce or who started to have some illnesses that are causing limitation, then this prayer will be a practical and realistic one. Sure God will not leave us nor forsake us when we are old, He will continue to care and provide for us. But He wants us also to pray and ask Him and express our full trust in Him

The Psalmist expressed also the following about God:

1- **“From birth I have relied on you; you brought me forth from my mother’s womb. I will ever praise you.” (Psalm 71:6)** As the Lord had been with me when I was a baby, unaware of life but he cared for me, and as the Lord was with me in my youth, **“Since my youth, O God, you have taught me, and to this day I declare your marvelous deeds.”**

**(Psalm 71: 17)** Then when I am old God will continue to do the same for me. And I will continue to rely on the Lord in my present old age and in my present weaknesses and sicknesses. The Lord will heal me and I will continue to praise Him and testify about His goodness toward me. **“My mouth is filled with your praise, declaring your splendor all day long.” (Psalm 72:8)**

2- **“But as for me, I will always have hope; I will praise you more and more.” (Psalm 71:14)** I have full trust in the Lord. God will not allow my enemies to triumph over me, God will neither leave me nor forsake me, **“<sup>40</sup>For my enemies speak against me; those who wait to kill me conspire together. <sup>11</sup>They say, “God has forsaken him; pursue him and seize**

**him, for no one will rescue him.” <sup>12</sup>Be not far from me, O God; come quickly, O my God, to help me. <sup>13</sup>May my accusers perish in shame; may those who want to harm me be covered with scorn and disgrace.” (Psalm 71:10-13)**

3- **“<sup>18</sup>Even when I am old and gray, do not forsake me, O God, till I declare your power to the next generation, your might to all who are to come. <sup>19</sup>Your righteousness reaches to the skies, O God, you who have done great things. Who, O God, is like you?**

**<sup>20</sup>Though you have made me see troubles, many and bitter, you will restore my life again; from the depths of the earth you will again bring me up.**

**<sup>21</sup>You will increase my honor and comfort me once again. <sup>22</sup>I will praise you with the harp for your faithfulness, O my God; I will sing praise to you with the lyre, O Holy One of Israel. <sup>23</sup>My lips will shout for joy when I sing praise to you—I, whom you have redeemed.”**

**(Psalm 71:18-23)** Keep me in good health and in good shape so I can continue to tell others about you. As well as my life will be a testimony that others will see and get inspired to follow you.

### **My Prayer**

**Father God I come before you in the name of Jesus who died on the cross for my sins to give me eternal life. Lord sustain me in my old age and keep me to be fruitful and don’t allow my enemies to triumph against me. Lord keep me active in my old age without sickness or disabilities, with my full mind power and alertness to continue to serve you and declare your goodness and faithfulness to the next generation, this all I ask and pray in Jesus name Amen.**

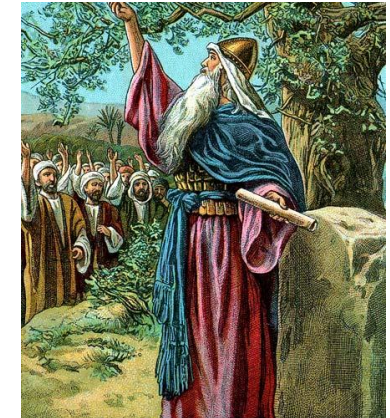


**“<sup>12</sup>The righteous will flourish like a palm tree, they will grow like a cedar of Lebanon; <sup>13</sup>planted in the house of the LORD, they will flourish in the courts of our God. <sup>14</sup>They will still bear fruit in old age, they will stay fresh and green, <sup>15</sup>proclaiming, “The LORD is upright; he is my Rock, and there is no wickedness in him.”**

**(Psalm 92:12-15)**

# The Lord Is My Shepherd

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**<sup>5</sup>No one will be able to stand up against you all the days of your life. As I was with Moses, so I will be with you; I will never leave you nor forsake you.”**

**(Joshua 1:5)**

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